Information below reflects hours and services as of:

July 10, 2024

Sites listed here reflect free and reduced-price food in Androscoggin County. Farmers' markets and other retail markets listed accept Maine Harvest Bucks or Farm Fresh Rewards as a way to make food more accessible. Please call ahead to confirm hours and info as needed.

Androscoggin County Community Food Resources Nutrition Assistance Programs

Supplemental Nutrition Assistance Program (SNAP)

Formerly food stamps —a federal nutrition program that helps you stretch your food budget and buy healthy food. Apply for benefits online: www.maine.gov/mymaineconnection

Maine SNAP-Ed www.mainesnaped.org

Learn how to shop, cook and eat on a budget. Please visit www.healthyandroscoggin.org/signup or scan the QR code to sign up for an upcoming class.



Maine Harvest Bucks www.maineharvestbucks.org

When you use SNAP/EBT at farmers' markets, receive Maine Harvest Bucks to save on additional fruits and vegetables.

Farm Fresh Rewards

www.gsfb.org/programs/farm-fresh-rewards/

When you use SNAP/EBT at participating retailers, discounts on select foods will be applied automatically at check-out

Women, Infants and Children (WIC)

You may qualify if you are pregnant or have children under five years old. Household income limits apply. Call the Auburn Office at 207-795-4016 or visit www.wicforme.com

Meals for Kids

School Meals

The federal government made breakfast and lunch free for all students during the coronavirus pandemic, and Maine will continue to offer free meals for all moving forward. Contact your child's school for additional details.

Additional Resources

Call 2-1-1 Maine by dialing 2-1-1 or visit www.211maine.org

Local Food Pantries & Soup Kitchen

AUBURN

High Street Congregational Church Food Pantry 106 Pleasant St.

207-784-1306

Pantry every Thursday: Check-in 8:00 am, food distribution 9am until all boxes distributed, no early arrival please. Clients receive food every other week, assigned on 1st check-in.

Community Meal: 3rd Sunday of the month, 5:30pm

highstreet-ucc.org/food-pantry/

7th Day Adventist Church Pantry (*Serving Auburn*) 316 Minot Ave.

 $207\text{-}782\text{-}3663 \ or \ auburnsda foodpantry @gmail.com$

Tuesdays 9:00-11:00 (pantry staples)

Full boxes (including produce) offered once each month on Tuesday 11:45am-12:30 (Delivery if no transportation available) auburnsdachurch.org/food-pantry

Auburn Recreation Department Grab n' Go Groceries

Hasty Community Center - 48 Pettengill Park

Call Shawn Boyd at 207-333-6611

Limited availability - please call for information.

GREENE

Greene Baptist Church Food Pantry

108 Main St.

207-212-3452

First and third Thursdays of the month: 1 - 3 pm

If snow school closures, pantry will open the following day.

www.greenebaptistchurch.org/ministries

LEEDS

Leeds Food Pantry - Leeds Community Church

123 Church Hill Rd.

207-524-7151

First and third Thursday of month: 12-1:30pm and 5-6:00 pm

leedscommunitychurch.org/deacons-food-pantry/

Rural Community Action Ministry

81 Church Hill Road

207-524-5095

24/7 Seasonal Produce stand – call ahead or for emergencies.

rcam.net/hunger-prevention-services/

LEWISTON

Calvary United Methodist Church

59 Sabattus St. 207-782-3221

To-go Meal: Sundays 8-9am

Pantry: Wednesday evening 5:00-5:45 (doors open at 4:45)

Winter Evening warming center daily: 12am-8am

Winter Daytime warming center: Sun, Mon, Tues 8am-4pm

Center for Wisdom's Women

97 Blake St. 207-513-3922

Tuesday, Wednesday, Thursday 9am-1pm for women's hygiene essentials, clothing, and bedding. www.wisdomswomen.org

Hope Haven Gospel Mission

209 Lincoln St.

207-783-6086 (phones open 9-12 and 12:30-3:30pm)

Food Pantry and Clothing Closet:

Monday, Wednesday, Friday 10:00-11:45am and 12:30-2:30 pm

Community Breakfast: 7:30-8:00am daily

Dinner: Monday-Saturday 4:30-5:30 and Sunday 2:30-3:30 pm Shelter Intake Mon-Sat 5:30-7:30 & Sun 4:30-7:30 (call ahead) Winter Warming Center: When temperatures are below 20F

hopehavengospelmission.net

Hope House Network

91 College St.

207-577-1165 or hopehouse17@gmail.com

Free food market, clothing, home goods Friday 2:00-4:00pm No appointment necessary for market.

Free health clinic drop-in or by appointment.

hopehousemaine.com

Kaydenz Kitchen

550 Lisbon St.

207-577-7942

Pantry: Wednesday-Friday 4:00-7:00pm, and Saturday 9:00am-1:00pm. Emergency assistance upon request.

Per need basis: free clothing, diapers, formula, toys, home goods*

Continued on next page.

Local Food Pantries & Soup Kitchen continued

LEWISTON (continued)

Maine Immigrant & Refugee Services 217 Main St. & 256 Bartlett St. 207-782-0260 For information about Whole

Family Program visit:

meirs.org/whole-family-services/

Masiid al Salaam 240 Bartlett Street Call Nadifa: 207-344-9153

Pantry: Thursday 9:00am-1:00pm *Seasonal fresh produce, contact

for more information. masjid-salaam.org

New Beginnings Outreach Program

(Youth 14-21 only) 134 College St. 207-795-6831

Drop-In: Daily 10:00am-5:00pm Breakfast: Daily 10:00-11:00am Lunch: Daily 1:00-3:00pm Lunch Tue & Fri, Breakfast Sun Mobile Pantry: Call to sign up, delivery on Fridays 10am-12pm.

Food boxes available upon request. Contact for housing, mental health, education, and employment resources/support.

**Note: Alumni Meals Cancelled (for previous participants, up to 24 y/o) Please reach out for assistance.

newbeginmaine.org

Pathway Vineyard Church

9 Foss Rd. 207-784-9500

Food Pantry: Friday 10:30-12:00

Meal: Friday 11:00-12:00

The Root Cellar 89 Birch St. 207-782-3659 **Emergency Food Pantry:** Monday, Wednesday, Friday 10:00am - 12:00pm Lewiston residents, 1 visit/week therootcellarlew.org

St. Mary's Food Pantry 208 Bates St. 207-513-3841 Tuesday 1:00-6:00pm

Friday 9:00am-12:00pm

stmarysmaine.com/services/nutrition-center/

Salvation Army 67 Park St. 207-783-0801 **Food Pantry:**

Mon, Tue, Thurs, Fri. 9:30-1:00

Please bring: ID, proof of DOB for kids, income and proof of address. Meals: Saturday 4:00-5:00pm

Meals Kennedy Park: Tues 3:30-4:30

Seniors Plus MOW - Lewiston 55-Alfred Plourde Parkway 207-795-4010 Delivery Mon-Thurs 9:00am -2:00pm **Norway Progress Center meals:** Tuesdays 10-11:30

Thursdays 3:30-5 **Lewiston Meadowview meals:** Tues. 9-10:30am, frozen to-go

seniorsplus.org

Trinity Jubilee Center 247 Bates St. 207-782-5700 Food Pantry and Diaper Bank: Thursday 7:45-10:45am *Please bring proof of DOB for child if diapers are needed. *Optional pre-registration for pantry using link below. To-Go Meals: Monday-Saturday 11:00-11:45am trinityjubileecenter.org/food-pantry

LISBON

Lisbon Area Christian Outreach Marion T. Morse Community Center 16 School St. 207-407-2959 Wednesday 10:00am-1:30pm Saturday: 7:00 -10:00am

Emergency assistance at 353-8544

MECHANIC FALLS

VCF - Bread of Life 90 Lewiston St. 207-345-9501

Pantry: Second Tuesday of the month 9:00 - 11:00am

mechanicfallsvineyard.com/food-ministry

POLAND

Poland Community Church Food Bank 1212 Maine Street 207-998-4069 Wednesdays: 2:00 – 5:00pm Saturdays: 10:00am - 1:00pm Proof of residency and ID required.

SABATTUS

Loaves & Fishes Food Pantry 61 Lisbon Rd. 207-375-8399

Monday: 10:30-11:30 am

Tuesday & Wednesday: 9:00 - 10:00am Call for financial assistance for lodging, heating, utilities, and medical expenses. loavesandfisheshiddentreasures.org

Community Baptist Food Pantry 9 Main St. 207-375-4337

1st and 3rd Saturday 9:00-11:00am 2nd Wednesday 9:00-11:00am

cbcfaith.org/food-pantry-calendar/

TURNER

Turner Community Food Pantry 96 Howes Corner Road **207-395-5256** (Serving Turner only) Last Wednesday of the month 1:00 -3:00pm (seniors) and 5:00 - 7:00 pmnorthturnerunionpresbyterianchurch.com/

Markets

Lewiston Farmers' Market

2 Oxford Street 207-513-3848 May-October 9:30am-1:00pm November 11am-1pm WIC/SNAP/Harvest Bucks accepted here! lewistonfarmersmarket.com

Blackie's Farm Fresh Produce 966 Minot Ave. Auburn 207-786-0005 Monday-Sunday 6am-7pm Farm Fresh Rewards accepted here! blackiesfarm.com

Kennedy Park Farmers' Market **July-September** Tuesdays 2-5pm WIC/SNAP accepted here! mainefarmersmarkets.org/market/kennedypark-farmers-market/



In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and

employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; Fax: (202) 690-7442; or Email: program.intake@usda.gov.

This institution is an equal opportunity provider. Maine SNAP-Ed is funded by the USDA's Supplemental Nutrition Assistance Program, or SNAP, which is administered by the Maine Department of Health and Human Services (DHHS) and implemented statewide by the University of New England (UNE) through contracts with local community coalitions. Maine SNAP-Ed educates low income families on low-cost, heathy eating and active lifestyles.

Contact mainesnap-ed@une.edu or 207-221-4560 for more information. UNE







